



Bartlett Senior Center

January/February 2018



JANUARY & FEBRUARY SPECIAL DAYS

Wednesday, January 10th

“Smoochy” Smith
Keyboardist
Rockabilly & Boogie
Entrée ~ Meatloaf

Wednesday, February 14th

Earl Randle
Keyboardist
Blues, Rock & Gospel
Entrée ~ Lasagna

Entertainment begins at 10:30 a.m., and lunch is at 11:30 a.m., followed by free bingo!

Thank you for having cakes/pies sliced and ready to serve. We have serving utensils. Thanks!

SPECIAL MESSAGES

Happy New Year from the staff of the Bartlett Senior Center.

May this year be filled with happy memories and countless blessings!

We look forward to an exciting 2018, and are glad you are a part of it.

Candace, Holly, Mona, Jim and Donald

BSC WISH LIST

Candy (wrapped)
Clorox Wipes
Copy Paper
*(8.5 by 11, 20 lb weight)
Decaf Coffee
Creamer
Sugar Packets

COLD & FLU SEASON NOTICE

This year’s flu season has hit harder and is expected to last longer than past seasons. If you are experiencing any cold or flu symptoms, please stay home. Many members have health conditions that could become serious if they contract the flu. Frequent handwashing is encouraged, and we have hand sanitizer in every classroom to help prevent the spread of germs. Thank you for your cooperation!

WELCOME OUR NEWEST MEMBERS

Debra Brasfield	Julena Goudy	Bill Lundy	Marvin Presley
Levada Brown	Philip Hale	Pat Moore	Ramah Scates
Chad Chadwick	Sheri Hale	Carl Moore	Lou Smith
Carrie Chadwick	Carol Harriss	Deborah Nunley	Patricia Thomas
Becky Clay	Ester Johnson	Doug Parks	Mahindokht Vossoughi
John Curlin	David Jones	Gharib Parsapour	
Christina George	Jo Kail	Nancy Paschall	

We have had over 130 renewals since our last edition.
Thanks!



Candace Ward, Facility Manager
Jim Shivers, Maintenance
Donald Stringfellow, House Manager

Holly Blank, Activities Coordinator
Mona Dodson, Secretary
BSC Phone Number 901-385-6439

JANUARY ACTIVITIES

***We will be closed on Monday, January 1 for New Year's Day,
and Monday, January 15 for Martin Luther King, Jr. Day.***

Bingo and a Movie

Wednesday, January 3...Bingo at 10:30 a.m. At noon, enjoy "Victoria and Abdul", a new film starring Dame Judy Dench.

Quarterly Double Elimination Pool Tournament

Wednesday, January 17th, 9:00 a.m...Free to members, but you must sign up at the front desk by January 12th. Bracket will be posted on Monday, January 15th. Rules will be posted and an award will be given.

Funeral Planning Seminar "Options, Considerations and Personal Wishes"

Tuesday, January 23, 10:00 a.m...Come join a discussion on how to make this process a little easier. This is presented by Brentwood Funeral Services. *Light refreshments will be served.*

AARP Driver Safety Program

Tuesday, January 30 and Wednesday, January 31...The two-day program will be from 8:30 a.m. until 1:00 p.m. each day. The fee is \$15 for AARP members and \$20 for non-AARP members, and must be paid by check to AARP. For more information or to sign up, call George Coleman at 384-3581.

AFTERNOON CERAMICS CLASS INTEREST

If you would be interested in taking an afternoon Ceramics class, stop by the front desk or give us a call at 385-6439. We will put your name on an interest list and call you if and when there are further details!

When you stop by or call to add your name to the list, please let us know if you have any ceramics experience and whether you have any supplies or tools normally used. This will help us in planning for the class.

CHORAL AND DRAMA

Come out and support Bartlett Senior Center's very own Choral and Drama group at an upcoming performance!

January 16 at 10:15 a.m. ~ Bartlett United Methodist Church & January 25 at 2:00 p.m. ~ Robinwood
February 12 at 2:00 p.m. ~ Villages at Germantown & February 26 at 1:30 p.m. ~ Brookdale Dogwood Creek

NEW CLASSES STARTING IN JANUARY

Yoga Class ~ Wednesday Afternoons

Beginning January 3, 2:45 - 3:45 p.m...Beginners are welcome. Learn fundamental postures, movement, balance and relaxation. Improve circulation, strength and balance in a class designed for those who are newer to yoga. \$3 Class Fee OR included in Premium Membership. *Instructor - David Evans*

Sewing Class ~ Friday Mornings

Beginning January 5, 9:30 a.m. - 12:30 p.m. Work on group projects or on your own. Participants must provide your own machine and materials. Light instruction may be given. \$10 Monthly Class Fee OR included in Premium Membership. *Instructor - Mary Dolan*

Notice Regarding Advertisements:

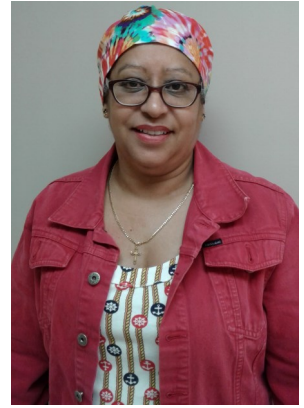
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BARTLETT SENIOR CENTER CANDID CAMERA

Right, Our Quilters crafted this in honor of Betty Watson, a member who passed recently, and presented it to her husband. Join them for other projects or work on your own. They meet on Wednesdays, Noon - 2 p.m. Light instruction is gladly given!



Right, Gloria Diaz models a hat that our Sewing class is making for cancer patients.



Left, Carl Wyatt picks up his prize for first place in the October pool tournament.

Right, Facility Manager Candace Ward presents Calvin Hillin the prize for taking first place in the Pool Tournament of Champions for 2017!



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JANUARY BIRTHDAYS

Grace Arceneaux	Becky Clay	John Hargraves	Dorothy Mitchell	Ramah Scates
Tommie Armstrong	Gloria Coffey	Shirley Harrison	Lola Mix	Sandra Sissom
Jeff Atwell	Mary Cook	Glenn Hayes	Bill Moss	Donna Sobczak
Jim Barker	Shirley Coy	Jose Hernandez	Helen Mottley	Johnnie Sparks
Sammy Barone	Marsha Crader	Randy Hill	Bob Nipp	Wayne Stiles
Sunny Beatley	Rosie Crawford	Bill Howell	Christine Osborn	James Swett
Mary Bennett	Winnie Crews	Peggy Jackson	Christean B Outlaw	Martha Tabor
Joel Bessooff	John Curlin	Sarah Jortner	Maxine Parker	Patricia Thomas
Ann Blackwell	Matthew Davis	Johnny Julian	Michael Patten	Sue Towery
Gwen Blair	Roscoe Dodson	William G Kamel	Louise Peden	Margaree Turner
Luz Blazo	Deborah Edwards	Faye King	Beverly Perkins	Shirley Wallace-Calhoun
Richard Boda	Vanessa Elliott	Kirk Kirkpatrick	Sama Phillips	Robert Watson
Linda Boyd	Janet Fleming	Jim A Kleiser, Jr	Lillie M Pope	Thelma Williams
Nancy Brown	Ray Fleming	Gil Kohn	Eileen Prout	Cathie Williams
Joy Burnett	Paula Fuller	Ruth Lee	M Rajagopalan	John E. Wyatt
Roy Lee Bushart	Clem Funderburk	Kathryn Leffler	Jackie Raney	Robert Zurla
Sarah Carver	Lillian Gallagher	Nelda Mcdonald	Diana Riffey	
Edward Castrop	Bruce Gratzle	Ramona Mcknight	Doris Roberts	
Gail Chandler	Nancy Greer	Doug Meadows	Sharon Robertson	
Patty Cheatwood	Ren Hammer	Susan Mellen	Steve Rossell	

JEWELRY WORKSHOP

Wednesday, January 17th *or* Wednesday, February 21st
12:30 p.m.

We will create Pull Tab Jewelry! This is a free workshop, and some supplies are provided; however, students will need to bring small beads, thin ribbon and kit if you have one. Space is limited and advance registration is required. Reserve your spot for either class beginning January 2nd.

Instructor ~ Alice Lancaster

Coloring Club

Tuesday Mornings

10:00 a.m. - 11:30 a.m.

Reduce your stress through this fun and creative activity. Come be a part of this fun group!

Tai Chi

Tuesdays and Thursdays

1:30 p.m. - 2:30 p.m.

Whether you are a novice or more advanced, we would love to have you join us! \$3 Per Class

*Class Limit - 20 Students

Yoga

Tuesdays & Thursdays

8:00 - 9:00 a.m.

Improve balance and strengthen muscles with this class. Beginners are welcome. \$3 Per Class

*Class Limit - 20 Students

AM Stretch

Mondays, Wednesdays & Fridays

9:30 - 10:30 a.m.

Warm up, stretch out and improve overall health with this cardio/strengthening class. \$3 Per Class

*Class Limit - 30 Students

FEBRUARY BIRTHDAYS

Bernice Allen	Jane Cox	Adella Honnen	Sharron Moore	James Seaton
Mary Armstrong	Patsy Dawson	Stevan Iungerich	Marty Morgan	Katie Sides
Wayne Ashford	Joann Dodea	Kim Jones	Bill Morris	Suzanne Siegel
Charles Bell	Pilar Doss	Robert Joy	Joe Morton	Jean Smith
Ray Bills	Eula Eaves	Mary Jubirt	Pam Ndubia	Jacqueline Taylor
Janice Boozer	Pam Echols	Beverly Kenoyer	Mary Noonan	Donna Thurman
Bob Brogden	Rita Ellis	Dorothy Kimbrough	Deborah Nunley	Teke Totty
Les Brueck, Sr.	Diane Evans	Anne Landers	Joyce O'Bannon	Mike Touchet
Beverly Bryant	Sheryl Flynn	Don Latimer	Charlie Oliver	Sue Tripp
Chuck Cambis	Angela Fore	Carol Lewis	Elaine Patterson	Judy Tullos
Kathy Carter	Dan Gavrock	Ann Lindberg	Roy Pavao	Judy Voorheis
Becky Cecil	Betty Grossman	Joseph Lindberg	Aloha Ralph	Imogene Wade
Theresa Chady	Brenda Gurley	Dennis Lissau	Kaaren Reid	Anne Wansley
Suzanne Coble	Bonnie Harker	Carol Lord	Debbie Rike	Connie Williams
Katherine Cole	Dixie Henderson	Vera Mack	Laura Rogers	Helen Yohanek
Cleda Coleman	Stephen Herriman	Manuel Martinez	Janice Rooks	Paul Zoccola
Patsy Coleman	Dianne Hinson	Tip May	Judy Rose	
Nancy Cook	George Hirtz	Judy Millman	Kathy Scales	

And belated birthday wishes to Nadine Adkins, Patricia Speck and Sue Robinson.



BARTLETT SENIOR CENTER VALENTINE'S DAY DANCE

Tuesday, February 13th

1:00 p.m. - 3:00 p.m.

Featuring The Jim Mahannah Band playing a variety of music.

\$3.00 for members ~ \$5.00 for non-members

Light refreshments will be provided.

WANTED: NEW INSTRUCTORS FOR 2018

Instructor openings in Strength Training and Senior Circuit. Sub openings in Yoga, Zumba® and Zumba Gold®, AM Stretch and Line Dance. Appropriate certifications required. Experience teaching senior adults is preferred. *These are contract positions.

Ballroom Dance Lessons

Thursdays

12:00 - 1:00 p.m.

January ~ Cha Cha

February ~ Tango

Dave Ehring, Instructor

\$3 Per Class / Included in Premium Membership

Line Dance Lessons

Thursdays

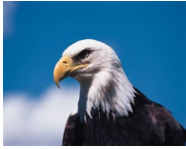
9:30 - 11:30 a.m.

Focus on beginner dances during the first hour.

1st & 2nd Thursdays ~ Ray Viale

3rd, 4th, & 5th Thursdays ~ Cathy Straign

\$3 Per Class / Included in Premium Membership



REELFOOT LAKE TOUR

Friday, February 16th

Take a ranger-led driving tour of the Reelfoot Lake area and view eagles in their natural habitat. End the afternoon with lunch at the Lakeview Dining Room, where you will enjoy an all-you-can-eat, family-style meal. Included in the pass-arounds are catfish filets and ham, slaw, beans, hush puppies, french fries, onion rings, rolls, stewed apples, dessert and a beverage!

Approximately 7:30 a.m. until 4:00 p.m.

Price includes your transportation, tour and lunch.

Only \$65...Deadline to sign up is February 7th

No refunds after 2/7/18.

This is a moderately paced tour, with a few stops where you may get on/off the coach.

Seat location cannot be guaranteed.

TOPS-TAKE OFF POUNDS SENSIBLY

Did you make a New Year's resolution to lose a few pounds?

If so, set yourself up for success by joining our local TOPS Chapter right here at the Bartlett Senior Center. Studies show people who attend a weight loss support group are more successful at losing weight and keeping it off longer. No reservation is required and your first meeting is FREE!

Annual national membership dues are \$32 per year, and semi-annual local dues are \$18 per six months.

Join us every Friday at 10:30 a. m. For more information, call 901-385-6439.

ONGOING ACTIVITIES

Lunch Bunch

January 23 ~ Vinegar Jim's, Arlington

RSVP by 1/19

February 27 ~ Friday's, Wolfchase

RSVP by 2/16

Dutch Treat - Meet at 11:00 a.m.

Genealogy

Every Fourth Wednesday

1:00 p. m.

January 24 ~ "How Do You Start? Part 1"

February 28 ~ "How Do You Start? Part 2"

**Led by Sharron Bearly*

Book Club

12:00 - 1:45 p.m.

January 22 ~ "Promise Me, Dad"

by Joe Biden

Meet at Bartlett Library

February 19 ~ TBD

Meet at Bartlett Senior Center

Leather Crafting

Third Mondays

10:00 a.m. - Noon

February 19 ~ Bracelets

**No class in January*

Free but you must sign up in advance,
beginning January 2nd.

FEBRUARY ACTIVITIES

Bingo and a Movie

Wednesday, February 7...Free Bingo starts at 10:30 a.m. The movie "The Mountain Between Us" starring Idris Alba and Kate Winslet begins at noon.

"Tooth Wisdom: Get Smart About Your Mouth"

Friday, February 9, 12:30 p.m...This is a fun session all about your teeth! Participate in quizzes, play games, and gather information about an important topic. Take home some goodies as well! Presented by FiftyForward.

Membership Appreciation Breakfast

Tuesday, February 20, 8:30 - 9:30 a.m...Join us as we say thank you to our wonderful members! We will have bacon, eggs, biscuits and gravy, coffee, juice and milk. This is free to members, but donations are accepted for future breakfast events.

LEGAL AID

Monday, February 19, 2:30 - 3:45 p.m.

Attorney Ryan Byrne assists with wills, trusts and estate matters. Sign-in starts at 2:00 p.m., and an intake form must be completed. Participants are seen on a first come, first served basis.

**No Legal Aid in January.*

CONGRATULATIONS

To our Ballroom Dance instructor, Dave Ehring. He and Lisa Mills tied the knot back in November!

THANK YOU'S

Kudos to our BSC Members...Our food donation drives in November and December we a huge success. We were able to help four families in Bartlett this year!

And to our Golf Team...They donated over \$2000 for sleeping bags to be given to the homeless. This ministry is an offshoot of the Burrito Ministry of the IONA Community of Faith. Way to go!

Get Well Wishes

Anna Cathryn Ball, Janice Boozer, Gwen Duffee, Chuck Henry, Lena Hernandez, Jerome Russo, Alma Smith, Melissa Sterling and David Taylor



Thank you for keeping us updated on members that need our get well wishes!

Sympathy to...

Ann Daniels, who lost her brother
Wilma Morris, who lost her sister
Cathy Edwards, who lost her mother
Glenn & Joy Burnett, in the passing of his sister
Lorri Richerme, at the loss of her son

And the family of Dean Williams,
a member who recently passed

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marty.morgan@crye-leike.com



Thank you for your donations.

We would like to thank all of our members that have made donations to the Bartlett Senior Center.

Melanie Allen	Sue Crocitto	Bev Kenoyer	Nita Redditt
Sharon Anderson	Richard Dueno	Pam Ketchum	Bill Ruoff
Glenda Avery	Aubrey Ellis	Jim Kimbley	Bobby Sanford
Deidra Bailey	Eula Eaves	Barbara King	David Saunier
Sunny Beatley	David & Debbie Evans	Kirk Kirkpatrick	Dessie Sewell
Noriko Bellinger	Becky Felts	Roger & Lois Knight	Jim & Alma Smith
Shirley Best	Tom Flippin	Martha Knotts	William & Barb Smith
Richard Boda	Sheryl Flynn	Corrine Lindsey	Raines Sojourner
Callie Bolyard	Janet Hardee	Mary Lundrigan	Catherine Stark
Frank & Jo Chamberlin	Rose Harless	Therese Mangold	Joy Stewart
Shirley Chamberlin	Bob & Kay Harper	Diana McKinna	Martha Taylor
Lee Chamness	Kaye Hawes	Susan McNulty	Wayne & Jan Townsend
Pat Chappell	Joe & Lena Hernandez	Susan Mellen	Carol Van Vossen
Patty Cheatwood	Dorothy Hoggard	Bill & Wilma Morris	Carl Wyatt
Charlene Colclasure	Marcia Holley	Maxine Parker	
Vivian Coffey	Philip Holt	Sonny Paschall	
Jim Collins	Bobby Joyner	Dy-Anne Penn	



Check out our updated webpage at www.cityofbartlett.org/seniorcenter and on our new Facebook page at <https://www.facebook.com/bartlettseniorcenter>.

Bartlett Senior Center

5727 Woodlawn

Bartlett, TN 38134

Recreation for Active Adults age 50+