



Bartlett Senior Center

November/December 2017



NOVEMBER & DECEMBER SPECIAL DAYS

Wednesday, November 8th

Jewel Jones,
Goddess of the Blues
Presented by Creative Aging
of the Mid-South

Entrée ~ Turkey

Wednesday, December 13th

Donna Wolf,
Electric Violin and Fiddle

Entrée ~ Ham

Entertainment begins at 10:30 a.m., and lunch is
at 11:30 a.m., followed by free bingo!

*Please have cakes/pies sliced and ready to serve.
We have serving utensils. Thanks!*

SPECIAL MESSAGES

We at the Bartlett Senior Center would like to say a special thank you to our veterans. Because of you, our country is the wonderful place we call home.

May God bless you all!

And to each member...

We hope you have a blessed Thanksgiving and a Merry Christmas. Our wish is that your holidays are filled with much love. May your table be bountiful and your home be filled with cheer and laughter.

Candace, Holly, Jim, Mona and Donald

A very special thank you!

Thank you to Eldon Holliday, Agency Manager and the rest of the staff of Bartlett Public Library.

They recently held a donation drive for local organizations and included us!

Their donations of Clorox wipes, copy paper, napkins and cups are most appreciated. Stop and say thanks the next time you are at the Bartlett Library!

WELCOME OUR NEWEST MEMBERS

Gladys Anderson	Linda Case	Chuck Grieme	Bill Lundy
Larry Bell	Florence Cephas	Carol Harriss	Pam McNatt
Rose Bridges	Barbara Chamberlain	Deborah Harris	Tootie Miller
Bob Brown	Nedra Coleman	Yanorah Harris	Caroline Nave
Betty Brown	Michelle Dach	Norma Haynie	Linda Sides
Larry Broy	Pam Echols	Dianne Hinson	Katie Sides
Maria Burgos	Jack Edwards	Herbert Holst	Carolyn Triplett
Joy Burnett	Deborah Edwards	Debbie Horton	Connie Williams
Glenn Burnett	Vanessa Elliott	Gale Kellum	Reginald Wilson
Carol Bussell	Beverly Estes	Sherrie Lee	Susan Zoccola
Sara Calhoun	Alice Farina	Christine Leslie	
Raymond Case	Marie Forbes	Mary Lundrigan	

And thank you to the 160+ members that renewed their memberships since our last publication!



Candace Ward, Facility Manager
Jim Shivers, Maintenance
Donald Stringfellow, House Manager

Holly Blank, Activities Coordinator
Mona Dodson, Secretary
BSC Phone Number 901-385-6439

NOVEMBER ACTIVITIES

*We will be closed on Friday, November 10 for Veteran's Day,
and Thursday and Friday, November 23 - 24 for Thanksgiving.*

Bingo and a Movie

Wednesday, November 1...Bingo at 10:30 a.m. At noon, enjoy "Going in Style", a new film starring Morgan Freeman and Michael Caine.

VA Medical Speaker Series "Stress Management 102"

Friday, November 3, 12:30 p.m...Come learn the technique of "mindfulness" and how it can help reduce stress.

Better Breathers Club

Tuesday, November 14, 2:00 p.m...This support group is for people and their loved ones dealing with *any* type of breathing issue. The group meets every other month here and is sponsored by Crossroads Hospice.

LEGAL AID

Wednesday, November 15 and Wednesday, December 20, 2:30 - 3:45 p.m.

Attorney Ryan Byrne assists with wills, trusts and estate matters. Sign-in starts at 2:00 p.m., and an intake form must be completed. Participants are seen on a first come, first served basis.

CHORAL AND DRAMA

Come out and support Bartlett Senior Center's very own Choral and Drama group at an upcoming performance!

Nov 13th ~ Kirby Pines at 10:00 a.m. in Manor *and* 2:00 p.m. in the Performing Arts Center

Nov 20th ~ Culpepper Place at 1:00 p.m.

JEWELRY WORKSHOP

Wednesday, November 15th *or* Wednesday, December 20th

12:30 p.m.

We will create Christmas earrings! This is a free workshop, and some supplies are provided; however, space is limited and advance registration is required. Reserve your spot for *either* class beginning November 1st.

**Mid-South
Senior Care**

In-Home Care For Seniors



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- Caring Companionship
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- Private Pay

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CALL TODAY: 901-766-7660

BSC Donation Wish List

Clorox Wipes
Candy (wrapped)
8 or 9 oz. Paper Cups
New Tennis Balls
Coffee Stirrers
Decaf Coffee
Coffee Creamer w/ Pour Spout
Sweetener Packets
Prizes & Gift Cards for Bingo

Thank you for your donations!

JAM SESSION REFRESHMENT UPDATE

We would like to take a moment to thank all of the volunteers that have provided treats for Jam Session over the years. And a special thank you goes to Delores Hickman and Bev Kenoyer for coordinating the signups for the Friday afternoon refreshments for so long. Quite often when no one signed up, they baked treats and brought them to serve. They've both worked tirelessly to keep the group in sweets, but it's time to let them retire.

Beginning November 1, 2017, the refreshment sign up sheet will be in the office. If you would like to bring in refreshments for the group, please sign up in the office.

Keep in mind, if you elect to volunteer to provide refreshments, you will also need to provide plates, napkins, and utensils. Volunteers providing the refreshments also serve and clean up after the service is complete.

Please Note!

*We encourage anyone who enjoys the treats following Jam Session to consider signing up to provide and serve treats at least once per year. If all participants volunteer once, the calendar would be full!

*If no one signs up for a particular date, then there will be no treats that day.

*We kindly request the new volunteers not approach the previous volunteers to bake a cake, deliver your treats and/or serve your treats. They have volunteered for years and we want to give them a break.

*Everyone that wants to take part in the enjoying the treats should enjoy them in the dining room. Please do not take treats back to classrooms or the pool room.

Thank you for your cooperation and volunteering to make our activities extra special!

BARTLETT SENIOR CENTER CANDID CAMERA

Below, Joe Morton and Gloria Coffey placed second in the Delta Fair Senior Talent Contest!



Above, Betty Keller, Anita Reed, Lois Knight, Winnie Crews, Carolyn Lowe, and Clea Sweat get ready for a rousing game of Bingo!

Thank you to all of our members for being so active at the Bartlett Senior Center and in the surrounding community! It provides us with great photo opportunities to share with the other members!

Below, Melissa Sterling, Emily Vergho and Bill Statile join us outside for the eclipse viewing.



Notice Regarding Advertisements:

The publication of products or services for profit in the Bartlett Senior Center newsletter does not constitute an endorsement by the Bartlett Senior Center or the City of Bartlett, but is intended for informational purposes only.

NOVEMBER BIRTHDAYS

Betsy Adair	Karyn Cummings	Albert E. Harwood	Paul Mushala	David Smith
Nadine Adkins	Pete Cunningham	Janie Hildreth	Mary Myers	Cynthia Smith
Betty Baird	Lucille Dallas	Phillip Holt	Melinda Nance	Mary Anne Smith
Patricia Bass	Audrey Davis	Gloria Horne	Donna Noelker	Raines Sojourner
Thomas Bevis	La Nora Davis	Walker Hurd	Barbara Norris	Pat Spencer
Marsha Billings	Jim Dorsey	Leon Hurd	Nancy Okes	Gloria Stafford
Bob Boland	David Dowling	Donna Jaudon	Clemietene Oliver	Joy Stewart
Deborrah Brewer	Karen Echols	Barbara Jenkins	Cheryl Parker	Joyce Stewart
Ronnie Brown	Maggie Edmaiston	Delores Johnson	Terry Patton	Sandy Stiffler
Pat Brown	Melinda Everitt	Martha Knotts	Bebe Pinkley	Alanthaia Stringfellow
Joey Carls	Patricia Ford	Richard Lando	Randy Randalls	Faye Stroud
Raymond Case	Barbara Fry	Lois O Lengel	Anita Reed	Lawrence Turner
Jim Cavender	Joann Garner	Jackie Lewis	Sandra Richardson	Peggy Vaughan
George Coleman	Cora Goodson	Billie F. Lock	Nancy Romine	Julie Walker
Alfaye Coleman	Bill Greene	Emmett Manley	Candy Russell	Nancy Wallace
Theresa Collier	Yvonne Hammer	Freddie Maxey	Carol Scoggins	Bill Wallis
Dale Collins	Robin Haner	Shirley Mcloughlin	Dan Scott	Richard B. Williams
Lyn Craig	Paula Hansard	Ray Medlin	Hollis Scott	
Sue N Crocitto	Douglas Harris	Carolyn Melanson	Alma Smith	

CRAFTS FAIR

Wednesday, November 8th & Wednesday, December 13th

9:00 a.m. - 1:00 p.m.

Open To The Public during our November and December Special Days!

Invite your family & friends to shop before our entertainment and/or after our potluck.

There are a limited number of spaces available. There is no fee for a table, but reservations are required.

Tables are available to members who have been a member for at least three months.



Coloring Club

Tuesday Mornings

10:00 a.m. - 11:30 a.m.

Reduce your stress through this fun and creative activity. Come be a part of this fun group!

Tai Chi

Tuesdays and Thursdays

1:30 p.m. - 2:30 p.m.

Whether you are a novice or more advanced, we would love to have you join us! \$3 Per Class

*Class Limit - 20 Students

Yoga

Tuesdays & Thursdays

8:00 - 9:00 a.m.

Improve balance and strengthen muscles with this class. Beginners are welcome. \$3 Per Class

*Class Limit - 20 Students

AM Stretch

Mondays, Wednesdays & Fridays

9:30 - 10:30 a.m.

Warm up, stretch out and improve overall health with this cardio/strengthening class. \$3 Per Class

*Class Limit - 30 Students

DECEMBER BIRTHDAYS

Mary Ann Albert	Stephen East	Charles Hunkele	Richard Mills	Jimmy Smith
Benjamin Amaba	Buddy Edmiston	Joyce Jackson	Paula Molder	Judy Smith
June Anderson	Aubrey Ellis	Diane Jennings	Juanita Morgan	Catherine Stark
Jettie Anderson	Paul Farrell	Thelma Jones	Moe Moriali	Wayland Stepp
Charles Arnold	Tim Ferrell	Frances Jones	Jim Nails	Virgil Stoneking
Rosemary Barbaroto	Thomas Flippen	David Kelly	Virginia Nash	Kay Thais
Judi Belote	Edna Fortune	Clara Kersten	Judy Patterson	Joan Vitale
Johnnie Belote	Janet Futrell	Pat Kimbley	Glenn Payton	Melvin Voorheis
Brenda Bennett	Jeanne Gillette	Barbara King	June Pearson	Joan Ward
Wayne Bills	Steve Glenn	Jean Kotimaki	Eddie Perkins	Rhetta Watkins
Mary Booker	Mary N. Gray	Ricky Lancaster	Frank Pochopin	Geraldine Webb
Beulah Bowman	Julie Green	Roscoe Langford	Alice Richardson	Donald Williams
Marvin Brunken	Donna Grimm	Estella Leflore	Allison Romine	Argie Williams
Bobby Butter	Sharon Hall	Linda Lesley	Eloise Russell	Leonard Zidnak
Barbara Canaday	Anita Harley	Brenda Martin	Wilma Rutledge	Greg Zoller
Glenn Cartwright	Peggy Harrison	Richard Mashburn	Franklin Schroer	
Beverly Coopwood	Thomas Hollie	Sandra Mcgehee	Susan Scott	
C W Copeland	Mae Hooker	Laura Meadows	Bonnie Scruggs	
Mimi Dowling	Carol Howsden	Mary Miller	Ovelia Smith	



CONGRATULATIONS ARE IN ORDER!

To Winners in the Memphis District Tennessee Senior Olympics...

David Coker took the gold in Horse Shoes, Soft Ball Throw and 3 Point Basketball!

Bernice Chin won 6 Gold, 1 Silver, and 1 Bronze in various games.

And to Winners at the Delta Fair...

Bernice Chin and Caroline Dickinson both won several awards in Arts & Crafts, as well as Horticulture.

David Kelly took second place for his canned pepper sauce!

BARTLETT SENIOR CENTER HOLIDAY DANCE

Tuesday, December 12th

1:00 p.m. - 3:00 p.m.

Featuring The Jim Mahannah Band playing a variety of music.

\$3.00 for members ~ \$5.00 for non-members



Ballroom Dance Lessons

Thursdays

12:00 - 1:00 p.m.

November ~ East Coast Swing

December ~ Foxtrot

Dave Ehring, Instructor

\$3 Per Class / Included in Premium Membership

Line Dance Lessons

Thursdays

9:30 - 11:30 a.m.

Focus on beginner dances during the first hour.

1st & 2nd Thursdays ~ Ray Viale

3rd, 4th, & 5th Thursdays ~ Cathy Straign

\$3 Per Class / Included in Premium Membership

REMINDERS

Holiday Class Cancellations

Regular classes and activities will not meet December 27 - 29, 2017. The auditorium, exercise room and computer room will be open, and MIFA will be served on these dates. The rest of the areas of the building will be closed for floor and room maintenance.

Christmas Parties

Instructors and volunteer coordinators should schedule class Christmas parties with Holly as soon as possible. In your written request, please provide the date, time and number expected to attend.

Donations for the Holidays

We are collecting donations for various charities, including the Bartlett Family Assistance Program. Place your canned goods and/or non-perishable food items, personal hygiene items (Ex. toothpaste, deodorant) and new clothing items (Ex. Gloves, socks) in the box near the kitchen. Please Note! We cannot accept any used, opened or expired items.

Health and Safety First

Cold and flu season is upon us. Please be considerate and stay home if you are feeling ill or have a persistent cough associated with an illness. As an extra precaution, when you do attend activities at the Center, please wash your hands frequently and use the hand sanitizer available in each room.

Activity Updates

Activities are offered/cancelled based on enrollment since fees collected must offset personnel, equipment and other program expenses. Please keep this in mind when you consider signing up for an activity. Class schedule and fees are subject to change.

Exact Change Appreciated

When paying for a \$3 class, a MIFA meal or a lower priced activity or item, please provide exact change. We do not keep extra change, and do not accept large bill denominations. Thank you for your cooperation.

ONGOING ACTIVITIES

Lunch Bunch

November 28th - Macaroni Grill
Wolfchase Location

RSVP by 11/17

Dutch Treat - Meet at 11:00 a.m.

**No Lunch Bunch in December*

Genealogy

Every Fourth Wednesday
12:30 p. m.

November 22 ~ Finding the Faiths of our Fathers

December 27 ~ Holiday Traditions

Celebrating With Our Ancestors

**Led by Sandy Sissom*

Book Club

12:00 - 1:45 p.m.

November 20 ~ "East of Eden"

by John Steinbeck

December 18 ~ "Skipping Christmas"

by John Grisham

Meet at Bartlett Library

Leather Crafting

Third Mondays

10:00 a.m. - Noon

November 20 & December 18

We will create a variety of Christmas ornaments!

Free but you must sign up in advance,

beginning November 1st.

DECEMBER ACTIVITIES

We will be closed for Christmas on Monday, December 25th and Tuesday, December 26th.

Bingo and a Movie

Wednesday, December 6...Free Bingo starts at 10:30 a.m. The movie "A Dog's Purpose" starring Dennis Quaid begins at begins at noon.

Shelby County Health Department "Baby's ABCs for Safe Sleep"

Friday, December 8, 12:30 p.m...Hear important information that you can use and or share with your loved ones regarding prevention of SIDS in infants.

COMING IN JANUARY

NEW ~ Yoga Class on Wednesday Afternoons

Wednesdays, beginning January 3, 2018

2:45 - 3:45 p.m.

Beginners are welcome. Learn fundamental postures, movement, balance and relaxation. Improve circulation, strength and balance in a class designed for those who are newer to yoga.

\$3 Class Fee OR Included in Premium Membership

Instructor - David Evans

NEW ~ Sewing Class on Friday Mornings

Fridays, beginning January 5, 2018

9:30 a.m. - 12:30 p.m.

Work on group projects or on your own. Participants must provide your own machine and materials. Light instruction may be given.

\$10 Monthly Class Fee OR Included in Premium Membership

Instructor - Mary Dolan

NEW ~ Weaving Workshop

Six-Week Series on Tuesdays beginning January 16, 2018

10:00 a.m. - 1:00 p.m.

Learn how to weave! No experience needed! The fee is only \$35.00 for the six weeks. If you do not have your own loom, you may rent one from the instructor for an additional \$10.00. Registration and payment in advance is required. Registration begins November 1 and closes December 18, 2017. Space is limited.

Instructor - Felicitas Sloves

Get Well Wishes

Anna Cathryn Ball, Janice Boozer, Sharron Bearly,
Estelle Coleman, Winnie Crews, Gwen Duffee,
Doug Harris, Chuck Henry, Lena Hernandez,
Helen Joe, Beverly Miller, Bobbie Orellana,
David Taylor & Dean Williams

*Thank you for keeping us updated on members
that need our get well wishes!*

Sympathy to...

Bill Ruoff, who lost his wife Doris,
also a member;
Caroline Dickinson, who lost her sister,
Sabra Spinolo, also a member

Susan McNulty, who lost her brother
Dwight Bechtel, who lost his brother
Alice Richardson, who lost her sister

Thank you for your donations.

We would like to thank all of our members that have made donations to the Bartlett Senior Center.

Melanie Allen	Eula Eaves	Barbara King	Mat Prescott
Thomas & Frances Bevis	Becky Felts	Kirk Kirkpatrick	Nita Redditt
Richard Boda	Judy Gipson	Roger & Lois Knight	Dorothy Rozier
Callie Bolyard	Fred Glidewell	Martha Knotts	Bill Ruoff
Mary Booker	Janet Hardee	Carol Lord	Dessie Sewell
Pat Campbell	Rose Harless	Mary Lundrigan	Rita Schellman
Lee Chamness	Phillip Hart	Glenda Sue McCann	Catherine Smith
Pat Chappell	Joe & Lena Hernandez	Barbara McGregor	Raines Sojourner
Charlene Colclasure	Philip Holt	Delores McMillon	TOPS Group
Jim Collins	Micky & Trish Hopkins	Susan McNulty	Martha Taylor
Lisa Cook	Bill Howell	Susan Mellen	Wayne & Jan Townsend
Willie Mae Cotton	Bertha Jiles	Bill & Wilma Morris	Bob Watson
Sue Crocitto	Jane Joye	Mary Myers	Deborah Wray
Charlane Crouse	Bobby Joyner	Steve & Kathy Nathan	Phil Yarbrough
Caroline Dickinson	Bev Kenoyer	Bob Nipp	
Bill & JoEllen Dohogne	David Kelly	Sonny Paschall	



Check out our updated webpage at www.cityofbartlett.org/seniorcenter and on our new Facebook page at <https://www.facebook.com/bartlettseniorcenter>.

Bartlett Senior Center
5727 Woodlawn
Bartlett, TN 38134

Recreation for Active Adults age 50+