



Bartlett Senior Center



May/June 2018

MAY & JUNE SPECIAL DAYS

Wednesday, May 9th

Double D Band
Music of the 50s

Entrée ~ Barbecue

Wednesday, June 13th

Jazz Age Jukebox

Phonographs illustrate the history of recording technology and music genres.

Entrée ~ Hamburgers

Entertainment is brought to us by Creative Aging of the Mid-South and begins promptly at 10:30 a.m. Thank you for refraining from excessive talking and the use of cell phones.

Lunch is at 11:30 a.m., followed by free bingo!

Please have dishes completely ready to serve.

BUILDING IMPROVEMENTS UPDATE

We would like to thank everyone for their patience while we make improvements to the Bartlett Senior Center. We have two new HVAC units in place, new floors in the hallway restrooms, and there are more improvements to come in the next few months.

During May and June the new drink station area will be updated. This will include a drink station cabinet and counter top, ice machine and new coffee maker.

There will be additional temporary closures of the rest rooms in the coming weeks so new lighting and faucets can be installed. Thank you again for your patience.

Bartlett Senior Center Wish List

Boxes of Sympathy Cards

Boxes of Get Well Cards

Clorox Wipes

Coffee Sweeteners

Coffee Creamer

Copy Paper ~ 8.5 x 11, 20 lb. weight

8 oz Styrofoam Cups

Napkins/Paper Towels

WELCOME OUR NEWEST MEMBERS

Anne Allmand	Becki Holt	Freddie Montgomery	Gladys Redick	Roberta Webb
Robert Anderson	Nancy Johnson	Frederick Morris	Bonnie Riley	Todd Weddle
Regina Anderson	Glenda Koon	Michele Muggridge	Paul Romero	Maxine White
Vivian Biggs	Pat Korloch	Susan Murphy	Tammy Romero	Sally Wood
Joan Bledsoe	Jean Lawson	Jamie Nelson	Terry Rowland	
Robert Bloom	Dennis Ledbetter	Pete Pannell	Dorothy Scarborough	Thank you to all of our members that keep their memberships renewed.
Marlene Deal	Betty Lilley	Jerry Pearson	Ethel Scrivener	
Bobby Donaldson	Ronald Lilley	Pauline Pearson	Linda Sessum	We had over 160 renewals since our last publication.
Jo Ann Dotson	Earline Long	Bob Perry	Martha Shanks	
Regina George	Delories Lyon	Ann Perry	Cindy Summers	
William Golden	Linda Moncrief	Rita Pershad	Sharon Thompson	
Myra Hardwick	Lori Montgomery	Jim Phelps	Temp Tullos	

Candace Ward, Facility Manager
Jim Shivers, Maintenance

Holly Blank, Activities Coordinator
Mona Dodson, Secretary

BSC Phone Number 901-385-6439

MAY ACTIVITIES

We will be closed on Monday, May 28th for Memorial Day. Enjoy the day and be safe!

AARP DRIVER SAFETY CLASS

Monday, April 30 and Tuesday, May 1

The two-day program will be from 8:30 a.m. until 1:00 p.m. each day. The fee is \$15 for AARP members and \$20 for non-AARP members, and must be paid by check to AARP. For more information or to sign up, call George Coleman at 384-3581.

BINGO AND A MOVIE

Wednesday, May 2...Bingo begins at 10:30 a.m.

At noon, in Room 2, enjoy the new film "Wonder" starring Julia Roberts, based on an incredible true story.

NEW ~ AFTERNOON YOGA CLASS

Fridays, beginning May 4, 2:00 - 3:00 p.m.

Beginners are welcome. Instructor David Evans will teach the fundamental postures, movement, balance and relaxation. Improve circulation, strength and balance in a class designed for those who are newer to yoga.

\$3 Class Fee OR Included in Premium Membership

CYCLING CLUB CONTINUES

Tuesday, May 8 & June 12, 2:30 - 3:30 p.m.

We are still looking for current and prospective bicycle riders! We meet to discuss a monthly ride schedule and locations, as well as pick up tips and suggestions from other riders. Come check us out!

NEW ~ CAREGIVER SUPPORT GROUP

Wednesdays, May 9 through June 13, 10:00 a.m.

This is a support and education group for anyone who is giving care to a loved one.

You will receive materials at no cost, and a bit of easy homework will be given. This is a great opportunity to meet others experiencing some of the same care giver situations.

Presented by Crossroads Hospice

MEDICATION REVIEW

Tuesday, May 15, 10:00 a.m. - 3:00 p.m.

UT College of Pharmacy students will be here to discuss your medications one on one. Bring all of your prescription meds in the original labeled containers, along with any questions you may have. Just drop in, no appointment is necessary. A licensed pharmacist will be on site as well.

CHORAL AND DRAMA

Come out and support Bartlett Senior Center's Choral and Drama Group at a local performance!

May 7, 2:30 p.m. ~ Signature Healthcare

May 14, 2:00 p.m. ~ Shelby Gardens Place

LEGAL AID

Monday, May 21 and June 18, 2:30 - 3:45 p.m.

Attorney Ryan Byrne assists with wills, trusts and estate matters. Sign-in starts at 2:00 p.m., and an intake form must be completed. Participants are seen on a first come, first served basis.

BARTLETT SENIOR CENTER CANDID CAMERA

Right, Vonette White takes part in one of our Weaving Workshops held throughout the year. Check them out!



Above, some of our BSC members traveled to Spain and were welcomed by the locals! From left to right, new friend Amparo, Rita Schellman, Holly Blank, Donna Jones, Tamera Tielens, Helen Marden and Madeleine visit. Amparo's granddaughter is front and center!



Left, Pat Connolly displays the quilt carry bag she made in our Sewing class. We have openings in our Friday class, so come join us at 9:30!

Mid-South Senior Care
In-Home Care For Seniors



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IN-HOME CARE SERVICES:

- **Caring Companionship**
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- **Assistance with Mobility & Transfers**
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- **Medicaid / TennCare Choices**
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MAY BIRTHDAYS

Sherry Anderson	Helen Edwards	Dave Haner	Julie Murry	Linda Sessum
Ann Marie Bailey	David Evans	Kathryn Hawes	Jamie Nelson	Jeff Smallwood
Linda Barry	Ruth Farris	Trish Hopkins	Joseph Oglesby	Maxine Smith
Bill Beck	Ray Ferrer	Debbie Horton	Edith Pafford	Lou Smith
Bobby Benson	Phillip Ford	Bertha Jiles	Ken Park	Susan Smith
Linda Black	Joyce Foster	Agnes Johnson	Laura Pavao	James Stark
Dorothy Bolden	Lou French	Eddy Michael Jordan	Jim Phelps	Robert Stout
Bobby Bowers	Bill (Ws) Fuller	Charles Lord	William S Polk	Leah Vann
Debra Brasfield	Ken Fulmar	Curtis Maclin	Tina Pope	Jan Walker
Rose Bridges	Lonnie Gaither	Wilma Malone	Marvin Presley	Howard Wolff
Carol Brown	Al Gearhart	Helen Marden	Larry Rea	Shirley Wolff
Levada Brown	Joyce Gearhart	Nancy Melton	Dorothy Rozier	Cheryl Wooley
Brigitte Buelteman	Timothy Green	Beth Middleton	Dave Russell	Joyce Young
Jim Campbell	Nancy Guy	Wilma Miller	Jerome Russo	Jorene Zidnak
Marie Cavanaugh	Leslee Haggard	Maxine Miller	Bobbie Sanford	
Mary Dolan	Jimmy Hampton	Robert Muklevicz	Syble Scott	

FREE CAR WASH FOR BARTLETT SENIORS!



Sponsor: City of Bartlett Mayor's Youth Council

When: Saturday, May 5th, 8:00 - 11:00 a.m.

Where: Bartlett Senior Center, 5727 Woodlawn

(Across from Bartlett High School)

This is a community outreach provided by City of Bartlett high school students and is free to Bartlett Senior Center members!

Coloring Club

Tuesdays

10:00 - 11:00 a.m.

Reduce stress with this fun and creative activity. We have supplies on hand, or you may bring your own. Come be a part of this fun group!

Morning Yoga

Tuesdays & Thursdays

8:00 - 9:00 a.m.

Improve balance and strengthen muscles with this class. Beginners are welcome. \$3 Per Class

*Class Limit - 20 Students

Gwen Brown, Instructor

Tai Chi

Tuesdays and Thursdays

1:30 p.m. - 2:30 p.m.

Whether you are a novice or more advanced, we would love to have you join us! \$3 Per Class

*Class Limit - 25 Students

Richard Link, Instructor

Afternoon Yoga

Wednesdays, 2:45 - 3:45 p.m.

Fridays, 2:00 - 3:00 p.m.

Improve balance and strengthen muscles with this class. Beginners are welcome. \$3 Per Class

*Class Limit - 18 Students

David Evans, Instructor

JUNE BIRTHDAYS

Pat Anderson	Peggy Collins	Elizabeth C. Holt	Caroline Nave	Barbara Smith
Carolyn Anderson	Bernice Cornmesser	Sadie Howard	Carol Nelms	Art Straughn
Linda Bechtel	Paula Cotton	Mary Jackson	Kay Nunnelee	Linda Strickland
Irene Becker	Ann Daniels	Marsha Jessup	Sonny Paschall	Marilyn Touchet
James Bell	Jo Ann Denson	Billie Jones	Bob Patrick	Jan Townsend
Steven Belote	Joyce Doolittle	John Kane	Edward G Potter	Diane Walker
Pete Berretta	David L. Dubose	Billie Keller	Janiece Riggins	Dee White
Gene Berry	Milton Ervin	James Kimbley	Paul Romero	Barbara Wildes
Paul Blancq	Jodi Farrell	Christine Leslie	Sandra Ronnenberg	Randy Williams
Robert Bloom	Michael Ford	John Linder	Ann Ross	Dianne Wilson
Callie Bolyard	Deloris Fuller	Sharon Loe	Joyce Sanders	Mona Winfrey
Gloria Briggs	Caryl Ann Gray	Sandra Long	Mike Saxton	Dorothy Woods
Betty Bryant	Shelby Green	Laverne Long	Pauline Saxton	June M. Wyatt
Charles M. Burlison	Ann Gregory	Penny Looney	Rose Scott	Mary Zoccola
Jean Callahan	Gail Hackney	John Lowery	Annie Shaw	
Carrie Chadwick	Cammie Harris	Margaret Maddox	Danna Shirley	
Chad Chadwick	Tommie Hayslett	Chester McMillin	Mayrene Smith	
Ed Chady	Virginia Heinrich	Wilma Morris	Willard Smith	

JEWELRY WORKSHOP

Wednesday, May 16 *or* Wednesday, June 20 at 1:00 p.m.

We will create a Lava Bead Necklace and Bracelet! This is a free workshop, and some supplies are provided; Students should bring a jewelry kit if you have one, and lava beads (4 cards), round beads (1 card), and spacer beads (1 card). Beads should all be one color. Space is limited and advance registration is required.

Reserve your spot for either class beginning May 1st.

Instructor ~ Alice Lancaster

INFORMATION AND OPPORTUNITIES FOR NEW MEMBERS

May 8 & 22 and June 12 & 26

10:00 a.m. in Room 2

We invite all new members and those interested in becoming a member to attend. Information and Opportunities is a chance for new members to meet our staff, get an overview of the facility and activities, ask questions and best of all, make new friends. This meeting will be held on the second and fourth Tuesday of each month. No reservation is required, and the family of the new member are welcome to attend to learn more.

Ballroom Dance Lessons

Thursdays

12:00 - 1:00 p.m.

May ~ Night Club Two Step
and Slow Dance

Dave Ehring, Instructor

**No class June, July, nor August*

\$3 Per Class / Included in Premium Membership

Line Dance Lessons

Thursdays

9:30 - 11:30 a.m.

Focus on beginner dances during the first hour.

1st & 2nd Thursday ~ Ray Viale

3rd, 4th, & 5th Thursday ~ Cathy Straign

\$3 Per Class / Included in Premium Membership

UPDATES

Drink Station

We are very excited about the new drink station installation. The drink station will feature a commercial grade coffee system with hot water tap and an ice machine that members can access directly. We would like to thank all of you that have made donations toward this project. If you would like to make a monetary donation towards the new drink station, please see Mona at the front desk.

Library Books

Thank you for taking advantage of the Bartlett Senior Center library. We appreciate your donations and we would like to thank Eileen Prout and Kathy Scales for keeping the books shelved.

We would like to request that participants not take more than three books at one time. Also, the books are not for resale, but for our patrons to enjoy. We do appreciate everyone's cooperation.

Massage Therapy

Appointments with Cindy McKee are available the first Wednesday each month from 9:30 a.m. to 1:30 p.m. Please remember that you must make your payment at the time you schedule your appointment. If you wish to cancel or reschedule an appointment, you must do so 24 hours in advance of the appointment. If you do not cancel or reschedule with at least 24 hours notice, that will result in the loss of money paid. We appreciate your understanding and cooperation.

Thank You and Congratulations

Thank you to all who volunteered to fill Easter eggs with candy this year. The children had a wonderful time at the City of Bartlett's Annual Egg Hunt!

A special thank you to Gloria Sparks for helping us with the Spring Plant Exchange. She is a Master Gardener and we appreciate her expertise!

Thanks to Kenneth Hathaway for the new Dolly Parton Rosebush in the front flower bed...it's beautiful!

Congratulations to Sofia Perusguia-Jasso for recently receiving her American citizenship!

Congratulations to Bernice Chin for taking second place in the Daffodil Show Photography Category...great job!

ONGOING ACTIVITIES

Lunch Bunch

May 22 ~ Farm Burger, Crosstown

RSVP by 5/18

June 26 ~ The Grove, Poplar

RSVP by 6/22

Dutch Treat - Meet at 11:00 a.m.

Genealogy

Every Fourth Wednesday

1:00 p. m.

May 23 ~ Meet at TN Genealogy Society

7779 Poplar Pike

June 27 ~ "Grave Dousing"

Facilitator ~ Sharron Bearly

Book Club

12:00 - 1:45 p.m.

May 21 ~ "An American Marriage"

by Tayari Jones

June 18 ~ "Before We Were Yours"

by Lisa Wingate

Meet at the Bartlett Library

Leather Crafting

Third Monday

10:00 a.m. - Noon

May 21 ~ Walking Stick Grips

June 18 ~ Water Bottle Fobs

Free Class, but you must sign up in advance beginning May 1st.

JUNE ACTIVITIES

NATIONAL DONUT DAY

Friday, June 1

We will have treats throughout the day. And feel free to bring your own to share. Let's all celebrate!

BINGO AND A MOVIE

Wednesday, June 6...Free Bingo starts at 10:30 a.m. At noon join us for the new film "Only the Brave", based on a true story starring Josh Brolin and Jeff Bridges.

FORUM ~ NEW MEDICARE CARDS

Tuesday, June 5th, 10:00 a.m.

Receive valuable information from CMS (Center for Medicare/Medicaid) about the new cards being mailed out and your new identification numbers. Presented by Janice Hubbard, BlueCross BlueShield Tennessee.

**Light refreshments will be provided.*

WEAVING WORKSHOP

Six-Week Series on Tuesdays June 5 - July 10, 12:00 - 3:00 p.m.

No experience needed! The fee is \$35.00 for the six weeks. If you do not have your own loom, you may rent from the instructor for an additional \$10.00. Registration begins May 1 and closes May 29.

Instructor - Felicitas Sloves

FISHING CLUB SUMMER MEETINGS

Tuesday, May 22 & June 26, 10:00 a.m.

Let's fish! We meet to discuss tips and select locations to go fishing as a group, and we'd love to have you join us. We meet here monthly on the fourth Tuesday at 10 a.m.

AD SPACE AVAILABLE IN THE BSC NEWSLETTER

\$15 - Business Card Size

\$25 - Quarter Page

Prices are per issue, and not all issues will have space available for all size types. All ads are subject to approval. For additional ad options or more information, contact Candace Ward at 901-385-6439.*

**Notice Regarding Advertisements:* The publication of products or services for profit in the Bartlett Senior Center newsletter does not constitute an endorsement by the Bartlett Senior Center or the City of Bartlett, but is intended for informational purposes only.

Get Well Wishes

Anna Cathryn Ball, Gwen Duffee, Chuck Henry,
Lena Hernandez, Bobby Joyner, George Payne,
Jerome Russo, Alma Smith and David Taylor



*Thank you for keeping us updated on members
that need our get well wishes!*

Sympathy to...

Alice Richardson, who lost her husband
Catherine Stark, who lost her son
Mary Myers, who lost her son
Ken Roper, in the passing of his brother
the family of Greta Thompson, a member who
recently passed
the family of Leon Hurd, another member who
passed away
Deborah Nunley, who lost her father and a
member, Fred Glidewell
and to Peggy Harrison who lost her son, also a
member here

Thank you for your donations.

We would like to thank all of our members that have made donations to the Bartlett Senior Center.

Regina Anderson	Joyce Foster	Barbara King	Dorothy Rozier
Sharon Anderson	Judy Gipson	Martha Knotts	Bill Ruoff
Deidra Bailey	Rose Harless	Stephanie Koeppel	Rita Schellman
Shirley Best	Bob & Kay Harper	Ann Lindberg	Willard & Barbara Smith
Thomas & Frances Bevis	Kathy Harrington	Mary Lundrigan	Raines Sojourner
Russ & Callie Bolyard	Kenneth Hathaway	Dee McMillion	Nancy Sowell
Jenny Carmichael	Joe & Lena Hernandez	Susan Mellen	Catherine Stark
Pat Chappell	Calvin Hillin	Bill & Wilma Morris	Susan Summers
Bernice Chin	Marcia Holley	Mary Myers	Martha Taylor
Charlene Colclasure	Phillip Holt	Steve & Kathy Nathan	Jenny Toney
Charlane Crause	Jane Joye	Bob Nipp	Wayne & Jan Townsend
Caroline Dickinson	Bobby Joyner	Sonny Paschall	Joan Ward
Aubrey Ellis	Bev Kenoyer	Trish Reager	Bob Watson
Becky Felts	Susan Keynard	Nita Redditt	
Sheryl Flynn	Jim & Pat Kimbley	Ann Ross	



Check out our updated webpage at www.cityofbartlett.org/seniorcenter and on our new Facebook page at <https://www.facebook.com/bartlettseniorcenter>.

Bartlett Senior Center

5727 Woodlawn

Bartlett, TN 38134

Recreation for Active Adults age 50+