Join the MMM Community Today!

Sign up your organization! There is no fee for your organization or employees. To join, fill out the Organization form at https://events.healthcode.org/wellness or register as an individual.

Step One: Register at events.healthcode.org  Step Two: Get active!
Step Three: Log your activity (Fitbit, MapMy Fitness or manually)!
Step Four: Compete on Leaderboards!

A challenge to the Million Mile Month (MMM) community to log one million miles of physical activity in April.

https://events.healthcode.org
A Healthier You… A Healthier Bartlett… A Healthier Tennessee

DID YOU KNOW…

- *Tennessee consistently ranks among the 10 least healthiest states in the nation*
- *Our children now have a shorter life expectancy than their parents*
- *Tennessee spends an estimated $6 billion a year on treatment and cure of behavior-related diseases*

Build a Healthier Bartlett community by joining the Healthier Bartlett Committee by emailing healthierbartlett@cityofbartlett.org.