

BARTLETT SENIOR CENTER SCHEDULE ~ SEPTEMBER

5727 Woodlawn, Bartlett, TN 38134 ~ 901-385-6439

Monday Activities & Services

8:15 – 9:00	ZUMBA®
9:30 – 10:30	AM Stretch
Noon – 3:00	Scrapbooking
12:00 – 3:30	Quilting
2:30 – 3:45	Legal Aid (Sept 21)
2:45 – 3:45	Yoga
8:30 – 11:30	Pool Room
12:30 – 3:30	Pool Room
8:00 – 3:45	Exercise Room
8:00 – 3:30	Computer Lab
8:00 – 3:30	Library

Tuesday Activities & Services

8:15 – 9:15	Yoga
10:00 – 11:30	Creative Writing
10:00 – 11:30	Line Dance
1:00 – 3:00	Crochet & Knit
1:30 – 2:30	Tai Chi
8:30 – 11:30	Pool Room
12:30 – 3:30	Pool Room
8:00 – 3:45	Exercise Room
8:00 – 3:30	Computer Lab
8:00 – 3:30	Library

Wednesday Activities & Services

8:30 – 11:30	Paper Art
8:15 – 9:00	ZUMBA®
9:30 – 10:30	AM Stretch
9:30 – 1:00	Massage Therapy (Sept 2)
2:45 – 3:45	Yoga
8:30 – 11:30	Pool Room
12:30 – 3:30	Pool Room
8:00 – 3:45	Exercise Room
8:00 – 3:30	Computer Lab
8:00 – 3:30	Library

Thursday Activities & Services

8:15 – 9:15	Yoga
9:00 – 12:00	B-12 Shots (Sept 10)
10:00 – 11:30	Line Dance Lessons
1:30 – 2:30	Tai Chi
8:30 – 11:30	Pool Room
12:30 – 3:30	Pool Room
8:00 – 3:45	Exercise Room
8:00 – 3:30	Computer Lab
8:00 – 3:30	Library

Friday Activities & Services

8:15 – 9:00	ZUMBA®
9:00 – 3:00	Manicure/Pedicure (Sept 18)
9:30 – 10:30	AM Stretch
8:30 – 11:30	Pool Room
12:30 – 3:30	Pool Room
8:00 – 3:45	Exercise Room
8:00 – 3:30	Computer Lab
8:00 – 3:30	Library

Please note all activities and services listed above require an appointment in advance.

SPECIALS FOR SEPTEMBER 2020

During this time, the Bartlett Senior Center is pleased to offer select activities that allow our members to social distance while enjoying the ability to access the much needed Bartlett Parks and Recreation Services.

Please note that during this time, guidelines are in place to help protect our staff and citizens; therefore, we ask our members to be prepared to follow current guidelines, keeping in mind that the guidelines may change from one day to the next.

Guidelines currently include the following:

- Appointments are required in advance to enter the facility to access activities and services. No walk-ins are available at this time.
- Appointments are available on a first come, first served basis. Limitations apply.
- Membership must be current prior to making an appointment.
- Face masks are required inside the facility at this time. When participating in exercise, the mask may be removed; however, during rest or movement throughout the facility participants must have a mask on.
- Participants should social distance at least six feet. Classrooms and activities are set up with table and chairs distanced or floor markings.
- Participants should not arrive for their appointment more than 5 minutes prior, and should not linger inside the facility following the appointment.

All guidelines are not included on this sheet. For a full description of current guidelines, please go to www.cityofbartlett.org/seniorcenter. A printed copy is also available at the BSC Front Desk and may be picked up during a scheduled appointment.

Appointment Information

Exercise Room – Appointments are limited to 45 minutes and one piece of equipment.
Computer Lab – Appointments are limited to 1 hour and 45 minutes to assigned computer.
Library – Appointments are limited to 15 minutes. No book donations accepted.
Pool Rooms – One morning or one afternoon time slot is available for appointments.

Activity Fees

AM Stretch.....	\$3/class	Zumba/Zumba Gold.....	\$3/class
Line Dance Lessons.....	\$3/class	Tai Chi.....	\$3/class
Manicure/Pedicure.....	\$15/\$21	Yoga.....	\$3/class

BSC Membership must be current in order to make an appointment and to participate in activities or services.

Activity fees must be paid prior to or at the time of class in order to participate.

Read our monthly schedule and newsletter online at:
www.cityofbartlett.org/seniorcenter and our Facebook page at
<https://www.facebook.com/bartlettseniorcenter>