

## ***BARTLETT SENIOR CENTER SCHEDULE***

# **November 2025**

**5727 Woodlawn, Bartlett, TN 38134 ~ 901-385-6439**



### **Monday**

|               |                    |
|---------------|--------------------|
| 8:15 - 9:00   | Zumba Gold®        |
| 9:30 - 10:30  | AM Stretch         |
| 10:00 - 12:00 | Choral Group       |
| 10:30 - 11:30 | Chair Yoga         |
| 12:30 - 2:30  | Book Club (Nov 17) |
| 12:30 - 3:30  | Paper Art          |
| 12:30 - 2:45  | BUNCO (Nov 3)      |
| 2:15 - 3:30   | Yoga               |
| 2:30 - 3:30   | Legal Aid (Nov 17) |

### **Tuesday**

|               |             |
|---------------|-------------|
| 8:00 - 3:30   | Canasta     |
| 8:15 - 9:15   | Yoga        |
| 9:30 - 10:30  | AM Stretch  |
| 10:00 - 11:30 | Line Dance  |
| 11:30 - 3:30  | Mixed Games |
| 1:30 - 2:30   | Tai Chi     |

### **Wednesday**

|               |                         |
|---------------|-------------------------|
| 8:15 - 9:00   | Zumba Gold®             |
| 9:00 - 11:30  | Scrapbooking            |
| 9:30 - 10:30  | AM Stretch              |
| 9:30 - 1:30   | Massage Therapy (Nov 5) |
| 10:00 - 12:00 | Open Art Session        |
| 10:30 - 11:30 | Beginning Line Dance    |
| 12:30 - 1:45  | BINGO (Nov 5)           |
| 1:00 - 2:00   | Genealogy (Nov 26)      |
| 2:15 - 3:30   | Yoga                    |



### **Thursday**

|               |                    |
|---------------|--------------------|
| 8:15 - 9:15   | Yoga               |
| 10:00 - 11:30 | Line Dance         |
| 10:00 - 11:30 | American Mah-Jongg |
| 10:00 - 12:00 | Ukulele Club       |
| 10:30 - 11:30 | ColorCopia (Nov 6) |
| 12:00 - 1:00  | Ballroom Dance     |
| 12:30 - 3:30  | American Mah-Jongg |
| 1:30 - 2:30   | Tai Chi            |

### **Friday**

|               |                   |
|---------------|-------------------|
| 8:00 - 3:00   | Mixed Games       |
| 8:30 - 9:15   | Cardio            |
| 9:30 - 10:30  | Chair Movement    |
| 10:30 - 11:30 | Beginning Tai Chi |
| 10:30 - 12:00 | TOPS              |
| 12:00 - 1:00  | Drum Circle       |
| 1:00 - 3:00   | GameDay Friday    |

## ***ACTIVITY FEES\****

AM Stretch.....\$4/class  
Cardio Classes..... \$4/class  
Tai Chi.....\$4/class  
Chair Movement.....\$4/class

Line Dance Lessons.....\$4/class  
Yoga..... \$4/class  
Virtual Class Punch Card... \$40/card

**\*Annual and Premium Memberships – Ask at Front Desk**

*BSC Membership must be current in order to participate in activities or classes.  
Activity fees must be paid prior to or at the time of class in order to participate.*





## ***SPECIAL EVENTS AND HOLIDAY CLOSINGS FOR NOVEMBER 2025***

***Tuesday, November 11 – Veteran's Day***

***Thursday & Friday – November 27<sup>th</sup> & 28<sup>th</sup> – Thanksgiving***



**FRIDAYS/AUDITORIUM  
and Ring Toss  
1:00 p.m. - 3:30 p.m.**

**Monday, Nov 1  
- Friday, Dec 19**

**Monday, Nov 3  
12:30 p.m. - 2:45 p.m.**

**Wednesday, Nov 5, 12, 19 and  
Dec 3, 10 and 17  
10:00 a.m. – 12:00 p.m.**

**Wednesday, Nov 5  
12:30 p.m. - 1:45 p.m.**

**Thursday, Nov 6  
10:30 a.m. - 11:30 a.m.**

**Monday, Nov 10  
12:30 p.m. – 1:00 p.m.**

**Thursday, Nov 13  
10:00 a.m. - 11:30 a.m.**

**Thursday, Nov 13  
1:00 p.m.**

**Monday, Nov 17  
11:30 a.m. - 12:00 p.m.**

**Monday, Nov 17  
12:30 p.m. - 2:30 p.m.**

**Monday, Nov 17  
2:30 p.m.**

**Wednesday, Nov 19  
9:00 a.m.**

**Wednesday, Nov 19  
10:30 a.m. - 11:30 p.m.**

**Thursday, Nov 20  
1:00 p.m. – 3:00 p.m.**

**Thursday, Nov 20  
1:00 p.m. - 3:00 p.m.**

**Wednesday, Nov 26  
1:00 p.m. - 2:00 p.m.**

**GAMES – Corn Hole / Ping Pong / Darts**

**Food Donations for the Holidays begin!**

**BUNCO**

**Mosaics – Creative Aging – Artist/Instructor: Kristi Duckworth  
Must be able to attend all 6 classes.**

**BINGO – FREE / MEMBERS ONLY**

**DIXON GALLERY & GARDENS – ColorCopia  
Free Class – Limited Space – Sign up at Front Desk**



**We would like to invite the Bartlett Senior Center  
members who are Veterans in a celebration of  
“Thanks” to a cake cutting in the Auditorium.**

**Holiday Craft by Mary Beth – Folded Tree Book. Class and  
and supplies are free! Class size is limited and sign up is required.**

**Mini Decorative and Novelty Broom with Darla! Class is free!  
Sign up at the Front Desk - Space is limited.**

**“Help, I’ve Fallen and I CAN get up!” – Debbie Evans**

**Book Club - Sunday Wife by Cassandra King  
(Will also have a Holiday Pot Luck on this day!)**

**Legal Aid  
Free – Limited Space / Sign up at the Front Desk**

**POOL TOURNAMENT OF CHAMPIONS**

**Prepare Wisely - Estate Strategy Essentials  
Trivent – Taylor Agee and Brad Bosi**

**Alice's Craft Corner  
Embroidery Christmas Tags / No Sign up Required**

**CHRISTMAS MOVIES! The Christmas Chronicles I**

**Genealogy - A Speaker from The Germantown Genealogy  
Society will facilitate.**

Read our monthly schedule and newsletter online at  
[www.cityofbartlett.org/seniorcenter](http://www.cityofbartlett.org/seniorcenter) and our Facebook page at  
<https://www.facebook.com/bartlett>

